

2019 PMBA Fall Retreat

Itinerary and What to Bring List

TRAVEL SCHEDULE

FRIDAY, NOVEMBER 22:

- 4:30 PM Arrive at church, load luggage
- 5:00 PM Leave for Ridgecrest
- 6:00 PM Stop for dinner
- 8:00 PM Arrive at Ridgecrest

SUNDAY, NOVEMBER 24:

- 12:30 PM Leave Ridgecrest
- 3:30 PM Arrive at CPBC

WHAT TO BRING

REGULAR STUFF:

- Comfortable clothes/shoes (think cool during the day and cold at night!)
- Old clothes and shoes (for Saturday afternoon free time – football, ultimate Frisbee, basketball, hiking, etc.)
- Insect repellent, sunscreen (just in case!)
- Toiletries
- Hat (if desired)
- Flashlight plus rain jacket or poncho
- Insurance Card
- Pillow (**Please note that all sheets, blankets, towels, washcloths are provided**)



SPECIAL ITEMS:

- Playing cards (Uno, Spades, etc. - Possible free time activity)
- Sports equipment (football, baseball glove, etc. - whatever you want to use during free time)
- Personal snack foods (brownies, cookies, popcorn, chips, etc.)
- Money for meal going **to and from Ridgecrest**. Fast food on the way to Ridgecrest and pizza buffet on the way home. Everyone will need \$5 to cover this cost.
- Money for any personal spending (snacks, coffee shop, etc.)

VERY SPECIAL ITEMS:

- Bible and Pen/Pencil
- A great attitude and a smile

SPECIAL NOTE ON ELECTRONICS/PHONES

- No electronic devices are allowed on the trip. This includes cell phones. Parents, this special note on cell phones and electronics is vital to the success of the camp. These devices have increasingly become distractions for our teenagers. We want them to be able to connect with God while at camp. These devices often hinder this primary purpose of camp. We understand that cell phones have become an excellent way for parents and teenagers to connect for safety and security purposes. Our desire is not to add stress for parents being unable to connect with their teenagers during the week. Therefore, parents are free to contact Jeff or several of the other chaperones if and when you wish to check in. **Parents - these special notes on electronics and cell phones are vital to the success of the retreat. If you have questions, please feel free to ask.**